



NEWS FOR IMMEDIATE RELEASE

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Lake Beresford Park hosts Trails Day celebration



Get your heart pumping and your feet moving as you celebrate Volusia County’s growing trails system on National Trails Day, Saturday, June 3. Volusia County’s Parks, Recreation and Culture Division will sponsor an outdoor family event from 9 a.m. to noon at Lake Beresford Park, 2100 Fatio Road, DeLand.

The celebration will be set up near the trailhead to park’s 1.8-mile multi-use trail and the county’s Spring-to-Spring Trail. County staff will lead a guided nature hike and walking tour through the picturesque park, while the River to Sea Transportation Planning Organization will give away free children’s bicycle helmets. Vendors and local environmental organizations will have informational displays.

National Trails Day is promoted by the American Hiking Society to promote the importance of trails in the United States.

The county’s major trail systems are the Spring-to-Spring Trail and the East Central Regional Rail Trail. When finished, the Spring-to-Spring Trail will stretch 26 miles from DeLeon Springs State Park to Gemini Springs Park, and the Rail Trail will cover 52 miles from Deltona to Edgewater with a 10-mile leg to Titusville. Once the links are completed, the trails will become part of the five-county St. Johns River-to-Sea Loop.

For more information about Trails Day, call 386-736-5953. Learn more about the county’s trails system at www.volusia.org/trails.

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