

# Schedule of Events

## FRIDAY, OCT. 28

- 7:00 a.m. – 9:00 a.m. **FDOT Bike with the Director**  
FDOT District Office—Limited Registration  
(Partnering with FDOT)
- 5:30 p.m. – 8:30 p.m. **Trick or Treat on Broadway**  
Broadway Avenue, City of Kissimmee  
(Partnering with Kissimmee Main Street)
- 6:30 p.m. – 8:30 p.m. **Trunk or Treat**  
Nancy Hanson Recreational Complex,  
Taylor Avenue  
City of Cape Canaveral  
(Partnering with Space Coast TPO)
- 7:00 a.m. – 8:00 a.m. **Bike Friday**  
Coffee Garden  
1817 S Ferncreek Ave  
Orlando, FL 32806  
(Partnering with ReThink)

## SATURDAY, OCT. 29

- 10:00 a.m. – 1:00 p.m. **Trunk or Treat**  
McClarty Park  
790 Barton Blvd, Rockledge, FL 32955  
(Partnering with Space Coast TPO)
- 9:00 a.m. – 5:00 p.m. **Lake Express Bike on Bus Training**  
David Walker, Palm Plaza and Citrus Tower  
Publix Stores in Lake County  
(Partnering with Lake Express)

## MONDAY, OCT. 31

- 6:00 p.m. – 8:00 p.m. **Monsters on Main Street**  
Downtown DeLand  
(Partnering with DeLand Chamber of Commerce)
- All Day **Lake Express Free Transit Rides**  
Lake County  
(Partnering with Lake Express)

## TUESDAY, NOV. 1

- 9:00 a.m. – 12:00 p.m. **Cycling Savvy Training**  
FDOT DeLand Office  
Participation by registration only.  
(Partnering with Cycling Savvy)
- a.m & p.m. peak hour **Lake Express Awareness Event**  
LakeTech, Leesburg and Clermont  
(Partnering with Lake Express)



## TUESDAY, NOV. 1 (CONTINUED)

- 9:00 a.m. – 2:00 p.m. **SCAT Transit Outreach Event**  
Meritt Island Mall  
777 E Merritt Island Cswy  
Merritt Island, FL 32952  
(Partnering with Space Coast TPO)

## WEDNESDAY, NOV. 2

- 1:00 p.m. – 4:30 p.m. **Bike Helmet Training**  
FDOT Orlando Office  
Limited Registration  
(Partnering with Orange County)

## THURSDAY, NOV. 3

- 9:30 a.m. – 12:30 p.m. **Car Fit Event**  
FDOT/FHP Office  
133 S Semoran Blvd, Orlando, FL 32807  
(Partnering with Car Fit and Florida Highway Patrol)
- 12:00 p.m. – 2:00 p.m. **CFTPG Multimodal Workshop**  
FDOT DeLand Office  
Limited Registration  
(Partnering with FDOT)

## FRIDAY, NOV. 4

- 8:00 a.m. – 12:30 p.m. **Alert Today Alive Tomorrow Outreach**  
LYNX Central Station  
455 N Garland Ave, Orlando, FL 32801  
(Partnering with FDOT)

- 5:30 a.m. – 1:00 p.m. **SunRail Passenger Appreciation Day**  
Onboard SunRail  
(Partnering with SunRail)

## SATURDAY, NOV. 5

- 10:00 a.m. – 3:00 p.m. **Great Outdoors Day**  
Kissimmee Lakefront Park,  
201 Lakeview Drive  
(Partnering with Osceola County)
- 9:00 a.m. – 5:00 p.m. **Halifax Art Festival**  
Downtown Riverfront Park on Beach Street,  
between Bay St and Orange Ave.  
(Partnering with Halifax Arts Festival)

TBD

TBD

- One Less Car**  
cityoforlando.net/transportation-planning/  
how-do-you-envision-a-car-free-downtown-orlando/  
(Partnering with City of Orlando)



## WHAT MOVES YOU?

Central Florida celebrates its inaugural Mobility Week from Oct 28 to Nov 5, 2016. Mobility Week is a cooperative effort by the Florida Department of Transportation and its partner agencies that provides opportunities for citizens and businesses to explore ways to improve transportation in Central Florida. This grassroots effort promotes the ways sustainable transportation reduces traffic congestion and improves community health.

The theme for Mobility Week 2016 is "What Moves You?" Are you riding the bus or train to work? Are you walking or biking with your kids to the park? Are you forming a bicycle train or walking bus to your neighborhood school to promote pedestrian and bicycle safety?

## There are two ways to participate:

- Attend Events** hosted by local agencies to learn about the various transportation options. Spread the word! Everyone can benefit from learning more about mobility options and how those options build stronger communities.
- Take the Mix-a-Lot Challenge** to try a new form of transportation during one or all of the days during Mobility Week. Try a bus, train, rideshare, or bicycle.

## Mix-a-lot Challenge:

Send us pictures showing how you mix and match modes to get around.

For example, take your bike on the bus; carpool to work and bike share for lunch; or walk to the station and take the train.

- E-mail pictures of your trip to [contact@mobilityweekcfl.com](mailto:contact@mobilityweekcfl.com) and share your story for a chance to win prizes.
- Send us your submissions by **Nov 12, 2016**.
- Winners will be selected by a panel of judges from FDOT and partner agencies.



For more information, email us at [contact@mobilityweekcfl.com](mailto:contact@mobilityweekcfl.com)



@ FDOTCFL

# Mobility Resources to Plan Your Trip

**mobility Week**  
OCT 28 - NOV 5 2016



## RAIL

Central Florida's commuter rail line, provides service from DeBary in Volusia County, to Sand Lake Road in Orange County.

[sunrail.com](http://sunrail.com)

## BUS



Orange, Seminole & Osceola Counties

[golynx.com](http://golynx.com)



Volusia County

[votran.org](http://votran.org)



Brevard County

[321transit.com](http://321transit.com)



Marion County

[ocalafl.org/suntran](http://ocalafl.org/suntran)



Lake & Sumter Counties

[ridelakeexpress.com](http://ridelakeexpress.com)

In addition to fixed route services, several of these agencies offer demand response service and circulator routes. LYNX offers a free circulator service, LYMMO, in downtown Orlando.



## RIDESHARING

Ridesharing is a great way to cut down on transportation costs, avoid the stress of driving in peak hour commute and reduce your carbon footprint. To find out more about commuting options such as carpooling and vanpooling or setting up a commuter benefits program, visit ReThink at [rethinkyourcommute.com](http://rethinkyourcommute.com).

## TELEWORK

Telework is a work arrangement in which employees are allowed to perform the normal duties and responsibilities of their positions through the use of computers or telecommunications, at home or another place apart from the employees' usual place of work. Ask your supervisor or human resources staff if you can telework during Mobility Week.

## We Would Like to Thank Our Partners



## BICYCLE

Bicycling is one of the most utilized modes of active transportation in Central Florida. Thousands of Central Florida residents use bicycling as their primary mode of travel to work. Residents also use bicycles to get from bus and train stops to their destination.

For information on bicycling, including bicycle maps and programs, visit the following resources:

**Orange, Seminole and Osceola Counties Interactive Bicycling Map**

[metroplanorlando.com/plans/bicycle-and-pedestrian-program/bicycle-maps](http://metroplanorlando.com/plans/bicycle-and-pedestrian-program/bicycle-maps)

**Volusia County Bicycling Map**

[r2ctpo.org/bicycle-pedestrian-program/maps](http://r2ctpo.org/bicycle-pedestrian-program/maps)

**Brevard County Interactive Guide**

[spacecoasttpo.com/modes/walkbike/space-coast-pathways-project](http://spacecoasttpo.com/modes/walkbike/space-coast-pathways-project)

**Lake/Sumter County Bicycle Program**

[lakesumtermo.com/board\\_committees/bicycle-pedestrian-advisory-committee.aspx](http://lakesumtermo.com/board_committees/bicycle-pedestrian-advisory-committee.aspx)

**Marion County Bicycle Information**

[ocalafl.org/tpo/TPO.aspx?id=672](http://ocalafl.org/tpo/TPO.aspx?id=672)

**Orlando Bike Share (Juice) Program**

[orlando.socialbicycles.com](http://orlando.socialbicycles.com)

**University of Central Florida Bike Share Program**

[studentunion.ucf.edu/bike-share](http://studentunion.ucf.edu/bike-share)

**Strava Metro Data**

[metro.strava.com](http://metro.strava.com)

## WALKING

Walking has significant benefits on our transportation system, environment and personal health. Visit Map my Walk [mapmywalk.com/us/](http://mapmywalk.com/us/) to find printable walking maps of any city. The resources below provide information on pedestrian laws, responsibilities and safety tips.

## WALKING AND BICYCLING SAFETY

Under Florida law, a bicycle is considered a vehicle, and is entitled to share the road with cars, trucks and other vehicles. Become familiar with state traffic laws that apply to bicycles and pedestrians by using the link to the Florida Bicycle Association provided below.

Additional bicycle and pedestrian resources:

[floridabicycle.org/resources/pdfs/PEGLEG\\_2010.pdf](http://floridabicycle.org/resources/pdfs/PEGLEG_2010.pdf)

[pedbikesrc.ce.ufl.edu/pedbike/default.asp](http://pedbikesrc.ce.ufl.edu/pedbike/default.asp)

[pedbikeinfo.org/](http://pedbikeinfo.org/)

[alerttodayflorida.com/resources/Proof\\_v1\\_BikePed\\_Laws\\_Cue\\_ZFold\\_0314.pdf](http://alerttodayflorida.com/resources/Proof_v1_BikePed_Laws_Cue_ZFold_0314.pdf)

