



MEETING NOTICE & AGENDA

Please be advised that the Volusia Transportation Planning Organization (VTPO) BICYCLE AND PEDESTRIAN ADVISORY COMMITTEE (BPAC) will be meeting on:

DATE: Wednesday, November 10, 2010

TIME: 3:00 p.m.

PLACE: Volusia TPO
2570 W. International Speedway Blvd.,
Suite 100 (Conference Room)
Daytona Beach, Florida 32114-8145

.....
Ms. A.J. Davies, Chairperson

AGENDA

- I. CALL TO ORDER/ROLL CALL/DETERMINATION OF QUORUM/PLEDGE OF ALLEGIANCE
- II. PUBLIC COMMENT/PARTICIPATION *(Length of time at the discretion of the Chairperson)*
- III. ACTION ITEMS
 - A) REVIEW AND APPROVAL OF OCTOBER 13, 2010 MEETING MINUTES
(Contact: Stephan C. Harris) (Enclosures, pages 4-17)
 - B) REVIEW AND RECOMMEND APPROVAL OF THE REVISED VOLUSIA TPO PROJECT PRIORITIZATION PROCESS *(Contact: Bob Keeth) (Enclosure, page 18)*
 - C) REVIEW AND RECOMMEND APPROVAL OF THE 2035 LONG RANGE TRANSPORTATION PLAN: BICYCLE & PEDESTRIAN CHAPTER *(Contact: Lois Bollenback/Stephan C. Harris) (Enclosure, page 19)*
 - D) REVIEW AND APPROVAL OF BICYCLE/PEDESTRIAN PROJECTS FOR THE 2011 SAFE ROUTES TO SCHOOL CALL FOR APPLICATIONS *(Contact: Stephan C. Harris)(Enclosure, page 20)*

Beverly Beach
Daytona Beach
Daytona Beach Shores
DeBary

DeLand
Deltona
Edgewater
Flagler Beach

Holly Hill
Lake Helen
New Smyrna Beach
Oak Hill

Orange City
Ormond Beach
Pierson
Ponce Inlet

Port Orange
South Daytona
Volusia County

III. ACTION ITEMS *(continued)*

- D) CANCELLATION OF THE DECEMBER 8, 2010 BPAC MEETING** *(Contact: A.J. Devies)*
(Enclosure, page 21)

IV. PRESENTATIONS AND DISCUSSION ITEMS

- A) PRESENTATION ON THE SUNRAIL COMMUTER RAIL TRANSIT PROJECT** *(Contact: Todd Hammerle, FDOT)* *(Enclosure, page 22)*
- B) VIDEO PRESENTATION ON BICYCLE SAFETY: THE BICYCLE ZONE** *(Contact: Dr. Dan Connaughton, Florida Traffic & Bicycle Safety Education Program)*
(Enclosure, page 23)

V. STAFF COMMENTS *(Enclosure, page 24)*

VI. BPAC MEMBER COMMENTS *(Enclosure, page 24)*

VII. INFORMATION ITEMS *(Enclosures, pages 25-39)*

- **Florida Bicycle/Pedestrian Law Enforcement Guide (insert)**
- **Florida Safe Routes to School Updates – October 15, 2010**
- **Florida Strategic Highway Safety Plan Brochure**
- **SunRail News Article**
- **SunRail Brochure (insert)**

VIII. ADJOURNMENT *(Enclosure, page 24)*

*****The next meeting of the BPAC will be Wednesday, January 12, 2011*****

NOTE: Individuals covered by the American with Disabilities Act of 1990 in need of accommodations for this public meeting should contact the Volusia TPO office, 2570 W. International Speedway Blvd., Suite 100, Daytona Beach, FL (386) 226-0422, extension 21 at least five (5) working days prior to the meeting date.

**SUMMARY SHEET
BPAC
NOVEMBER 10, 2010**

III. Action Items

A) Review and Approval of October 13, 2010 Meeting Minutes

Background Information:

Minutes are prepared for each meeting and must be approved by the BPAC. The October 13, 2010 meeting minutes are provided with this agenda packet for your review.

Action Requested:

Motion to approve the October 13, 2010 meeting minutes

Bicycle/Pedestrian Advisory Committee (BPAC)
Meeting Minutes
October 13, 2010

Members Present:

Rani Merens
Michelle Grenham
Rene "Rocky" Rivera
Bob Storke
Phyllis Campbell
John Decarie
Joe Trepasso
Peter Cerullo
A.J. Devies
William "Bill" Pouzar

Representing:

DeBary
Edgewater
Holly Hill
Orange City
Ponce Inlet
Port Orange
South Daytona
Volusia County, At-Large
Volusia County, District 2
Volusia County, District 5

Non-Voting Technical Appointees Present:

Joan Carter
Wendy Hickey
Gwen Perney
Jon Cheney
Tina Skipper
Heather Blanck

Representing:

FDOT, District 5
Orange City
Port Orange
Volusia County Traffic Engineering
Volusia County School Board
Votran

Members/Technical Appointees Absent:

Mike Chuven (excused)
Robert Echevarria
Craig Wells
Jake Baker
Roy Walters (excused)
Susanne Wilde

Representing:

Daytona Beach
Deltona
Flagler Beach
New Smyrna Beach
Volusia County, At-Large
Volusia County Parks, Rec. & Culture

Others Present:

Deborah Saulsbury
Pamela Blankenship, Recording Secretary
Karl Welzenbach
Stephan Harris
R. Sans Lassiter
Greg Kern
John Harper
Teresa Moran

Representing:

FDOH
TPO Staff
TPO Staff
TPO Staff
Lassiter Transportation Group, Inc.
Reynolds, Smith & Hills, Inc.
Volusia County Eng. & Const.
Volusia County Health Dept.

I. Call to Order / Roll Call / Determination of Quorum / Pledge of Allegiance

The meeting of the Volusia Transportation Planning Organization (TPO) Bicycle/Pedestrian Advisory Committee (BPAC) was called to order at 3:03 p.m. by Chairperson A.J. Devies. The roll was called and it was determined that a quorum was present.

II. Public Comment/Participation

There were no public comments.

III. Action Items

A. Review and Approval of September 8, 2010 Meeting Minutes

MOTION: A motion to approve the September 8, 2010 BPAC meeting minutes was made by Mr. Storke. The motion was seconded by Ms. Grenham and carried unanimously.

B. Review and Recommend Approval of Resolution 2010-22 amending the Volusia TPO's Project Priority List for Transportation Enhancement Projects

[Mr. Cheney's presentation is included with the minutes for reference purposes]

Mr. Cheney stated the county's regional master plan is the St. Johns River to the Sea Loop Trail. The county is constructing four major projects in FY 2010/11: Spring-to-Spring Trail (Phases 7B and 3B) and the East Central Florida Regional Rail Trail (ECRRT) (Segments 1/2 and 3). Resolution 2010-22 adds pedestrian overpasses to span SR 415 in Osteen and SR 442 in Edgewater.

MOTION: A motion to recommend approval of Resolution 2010-22 amending the Volusia TPO's Project Priority List for Transportation Enhancement Projects was made by Mr. Rivera. The motion was seconded by Ms. Merens and carried unanimously.

C. Review and Recommend Approval of Resolution 2010-23 amending the FY 2010/11 – 2014/15 Transportation Improvement Program (TIP)

Mr. Cheney stated resolution 2010-23 and corresponding TIP amendments are for the ECFRRT pedestrian overpass at SR 415, Dirksen Drive Trail and Riverside Drive Sidewalk. The SR 415 pedestrian overpass is being funded with \$2,160,000 in ACSA funds from FDOT. It will be a design/build project to accommodate the

planned widening of SR 415 to four lanes and will be ADA compliant. The SR 442 pedestrian overpass will be a design/build project. The City of Edgewater plans to extend sidewalks from the overpass east to Riverside Park. The trail will extend south as far as funding will allow. The Dirksen Drive Trail will be extended to US 17-92, include pedestrian signal features to the intersection and a crosswalk from the east side to west side of US 17-92. The estimated cost of the additional work is \$54,670. The construction phase of the Riverside Drive Sidewalk is being split into two segments to address right-of-way issues.

Ms. Carter stated she was concerned about the slip lane at the southwest corner of the US 17-92/Dirksen Drive intersection. Mr. Welzenbach stated this was discussed at a meeting between the county and FDOT staff. It is a poorly designed intersection that exposes pedestrians to traffic. FDOT stated a correction involved redesigning the intersection and retiming equipment.

MOTION: *A motion to recommend approval of Resolution 2010-23 amending the FY 2010/11 – 2014/15 Transportation Improvement Program (TIP) was made by Mr. Storke. The motion was seconded by Mr. Decarie and carried unanimously.*

D. Review and Recommend Approval of Resolution 2010-24 requesting FDOT redesignate the currently programmed funds on the East Central Florida Regional Rail Trail from Design (Phase 38) to Design/Build (Phase 58)

Mr. Welzenbach stated \$1.6 million is in FY 2011/12 to design the entire trail and \$5.024 million is in FY 2014/15 to build the entire trail. \$5.2 million is not enough to build the entire trail. To avoid losing any of the programmed monies, FDOT is being asked to change the designation on both phases to design/build. The TPO and county have met with FDOT to discuss this. The FDOT, District 5 office is receptive to the request, but the final decision lies with their Central Office. Resolution 2010-24 is a formal request from the TPO to the FDOT Central Office to make the change.

MOTION: *A motion to recommend approval of Resolution 2010-24 requesting FDOT redesignate the currently programmed funds on the East Central Florida Regional Rail Trail from Design (Phase 38) to Design/Build (Phase 58) was made by Ms. Grenham. The motion was seconded by Mr. Pouzar and carried unanimously.*

VI. Presentations and Discussion Items

A. Presentation on the Communities Putting Prevention to Work Program: Walking School Buses

[A separate version of Ms. Saulsbury and Ms. Moran's presentation will be provided for reference purposes]

B. Presentation on the Volusia TPO's New Website and Facebook Page

Ms. Blankenship stated the TPO's new website is www.volusiatpo.org and includes a variety of new features including meeting agendas, minutes, and pictures of events. The bicycle/pedestrian section is enhanced with inclusion of studies, safety literature, etc. Mr. Harris stated all of the major BPAC projects have been included on the website, such as the Walk and Ride Bicycle & Pedestrian Safety Video, It's The Law Decal, Volusia County Bicycling Map for the Experienced Cyclist and others. Contact Jean Parlow for TPO website questions (jparlow@volusiatpo.org).

Ms. Blankenship stated the Facebook page will include meetings, agendas, photographs, announcements of events, news, etc. Since the TPO is subject to Sunshine Laws, conversations cannot be held on the Facebook page. Comments can only be made on posted topics. So far, the TPO has 26 "friends" on its Facebook page. The Internet address is: www.facebook.com/volusiatpo.

Mr. Storke asked if there was a link to the Facebook page from the website. Ms. Blankenship responded yes.

VII. Staff Comments

Mr. Harris stated a Safe Routes to School event will be held at Westside Elementary School on October 22, 2010. Congressman John Mica will be the keynote speaker. Other speakers include Dr. Bonita Sorenson, Volusia County Health Department Director, George Lovett, FDOT Transportation Development Director and Dr. Al Williams, Volusia County School Board. The event is to recognize the impact the Safe Routes to School Program has had on schools such as Westside. The event starts at 2:00 p.m.

The TPO is also promoting Motorcycle Safety by participating in a booth at Destination Daytona during Biketoberfest (October 14 – 17). The booth will be shared with the Community Traffic Safety Team, FDOT and the Motorcycle Safety Coalition.

VIII. BPAC Member Comments

Ms. Carter stated 77 out of 350 schools in FDOT, District 5 participated in International Walk to School Day on October 6th.

Mr. Cerullo thanked participants in the White Cane Pedestrian Safety Event on October 8th and 9th.

Chairperson Devies thanked Daytona Beach Police Department for their efforts in the White Cane Pedestrian Safety Event.

Mr. Lassiter stated Lassiter Transportation Group is coordinating efforts with the Walking School Bus Program. Work is continuing on the Bicycle & Pedestrian School Safety Review Study with Ormond Beach Elementary School and other schools.

IX. Information Items

X. Adjournment

The meeting adjourned at 4:19 p.m.

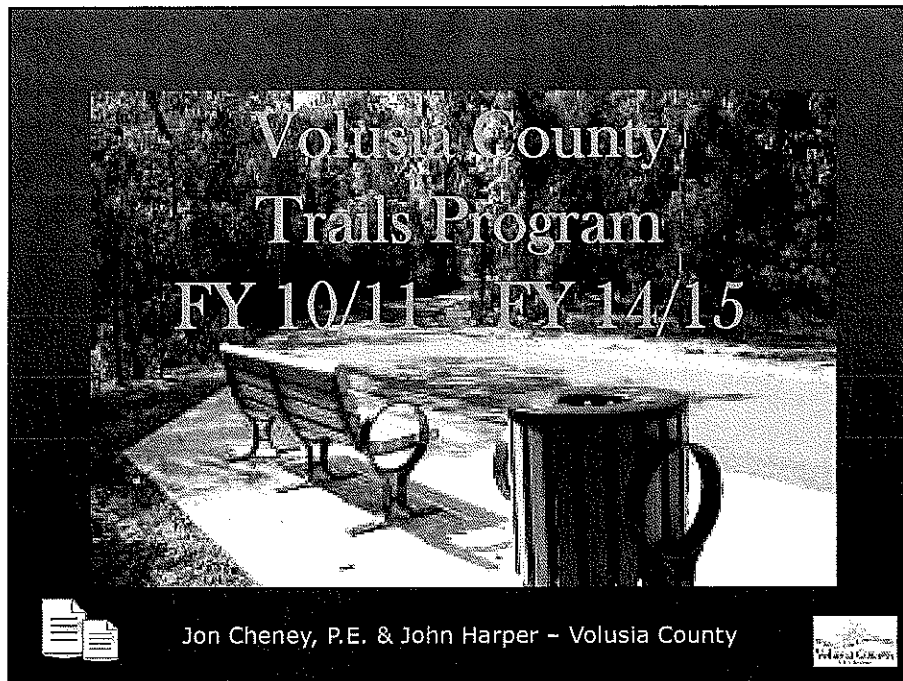
Volusia Transportation Planning Organization

Ms. A.J. Devies, Chairperson
Bicycle & Pedestrian Advisory Committee (BPAC)

CERTIFICATE:

The undersigned duly qualified and acting Recording Secretary of the Volusia TPO, certifies that the foregoing is a true and correct copy of the minutes of the October 13, 2010 regular meeting of the Bicycle & Pedestrian Advisory Committee (BPAC), approved and duly signed this 10th day of November, 2010.

Pamela C. Blankenship, Recording Secretary
Volusia Transportation Planning Organization



Volusia County Adopted 5-Year Trail Program



Trail Projects Under Construction/Recently Completed



- Project 2
Spring to Spring Trail - Segment 7C \$ 440,000
Grand Ave – Baxter to Lemon St



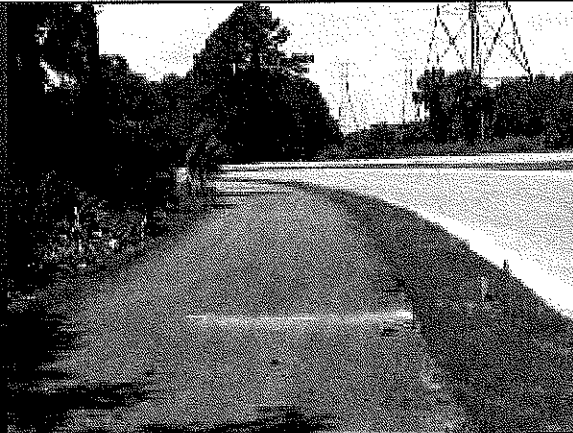
Trail Projects Under Construction/Recently Completed



- Project 4
Spring to Spring Trail - Segment 7A* \$ 300,000
Grand Av - King St to Minnesota Av



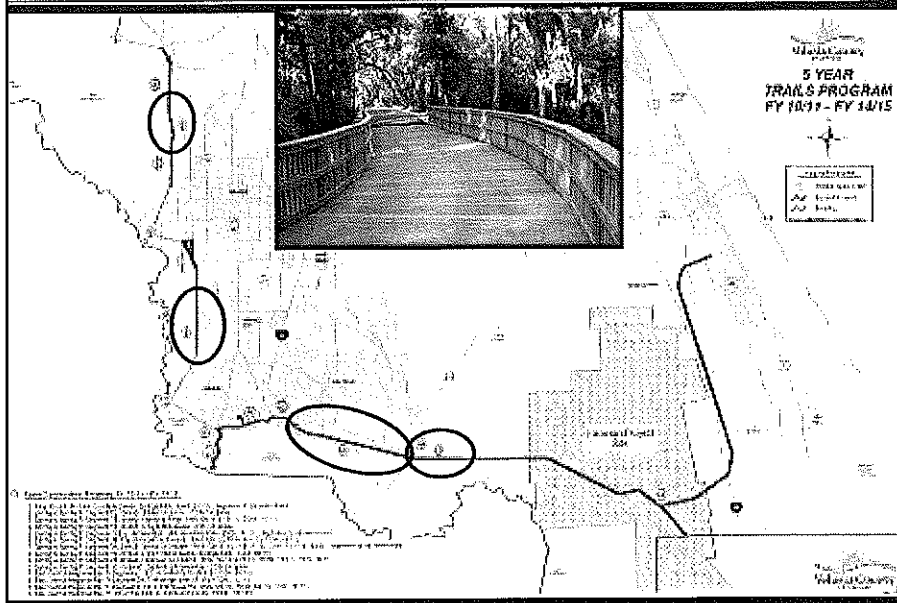
Trail Projects Under Construction/Recently Completed



- o Project 10
Spring to Spring Trail - Segment 1D \$ 45,000
DeBary Av - Deltona Bl to Providence Blvd



Trail Projects Scheduled for Construction FY 10/11



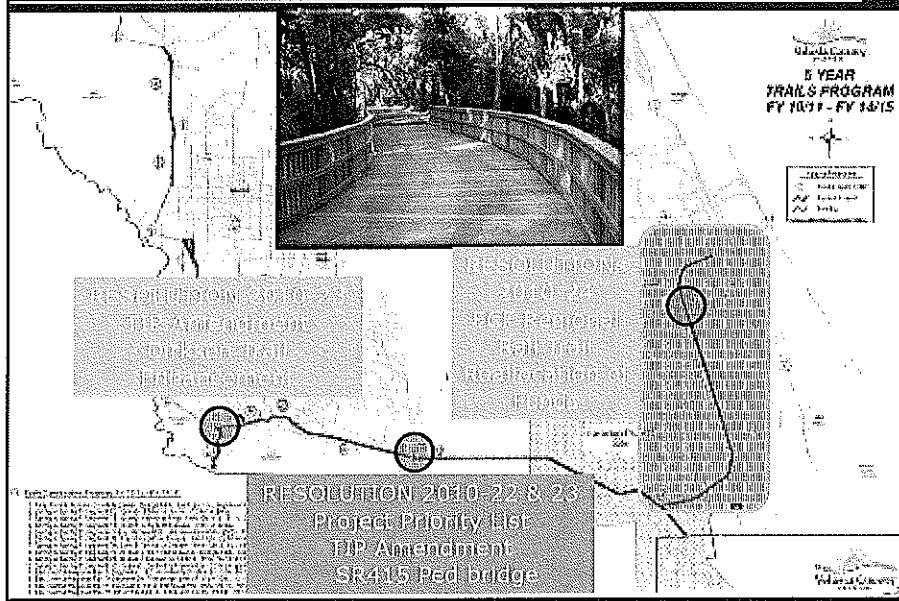
Trail Projects Scheduled for Construction FY 10/11

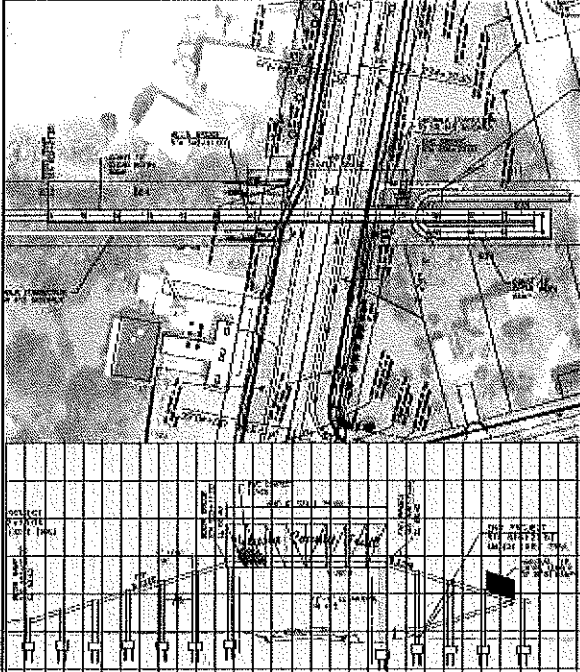
- Project 3
Spring to Spring Trail - Segment 7B \$ 1,700,000
Grand Ave - Lemon St to King St (100% Local Funds)
- Project 6
Spring to Spring Trail - Segment 3B \$ 2,500,000
French Ave to Detroit Terrace (\$700,000 Local Funds)
- Project 11
ECF Regional Rail Trail - Segment 1 & 2 \$ 3,310,000
Providence Blvd to SR 415 (\$2,420,000 Local Funds)
- Project 13
ECF Regional Rail Trail - Segment 3 \$ 940,000
SR 415 to Guise Rd (100% Local Funds)

(\$5,760,000 - Local Funds) (\$2,690,000 - Federal Grant Funds)



Changes Requested for Trail Projects





Project 12


SR 415 Pedestrian Bridge:

NEW Design/Build Project

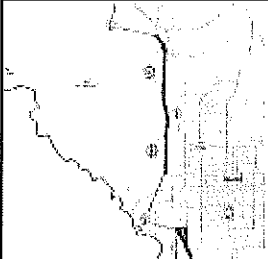

Estimated cost = \$2.16M

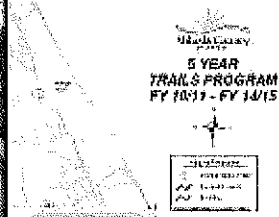
1. Bridge Length = 630 ft
2. Bridge Width = 14 ft
3. Approaches will meet ADA Criteria
4. Accommodate future widening of SR 415

Provide a safe crossing for the users of the East Central Florida Regional Rail Trail



Changes Requested for Trail Projects



5 YEAR TRAILS PROGRAM
 FY 10/11 - FY 14/15

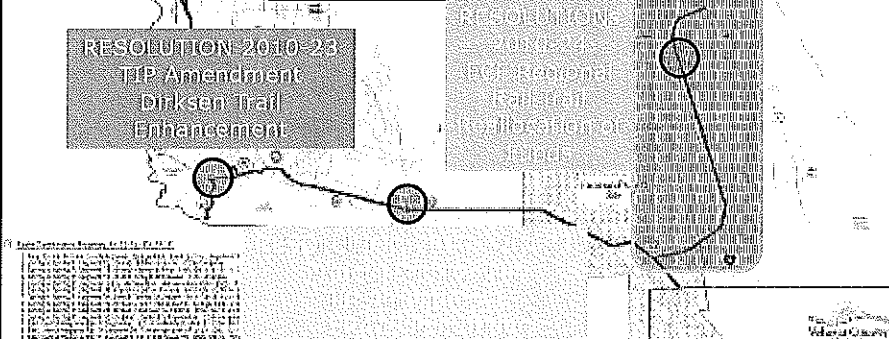
RESOLUTION 2010-23

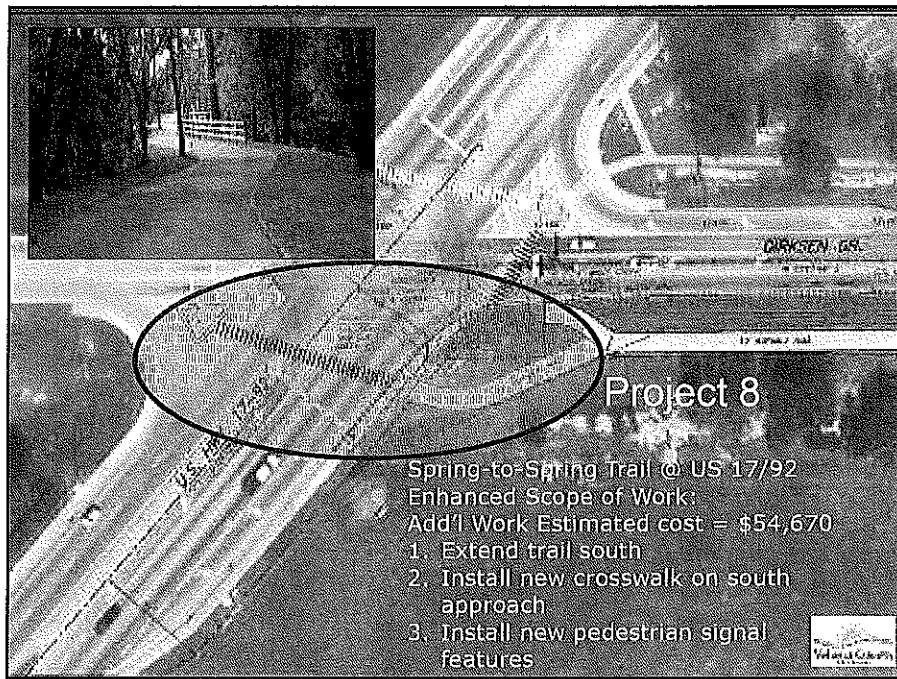
TIP Amendment

Dirksen Trail Enhancement

RESOLUTION 2010-24

ECF Regional Rail Trail Rehabilitation of Bridge





Project 8

Spring-to-Spring Trail @ US 17/92

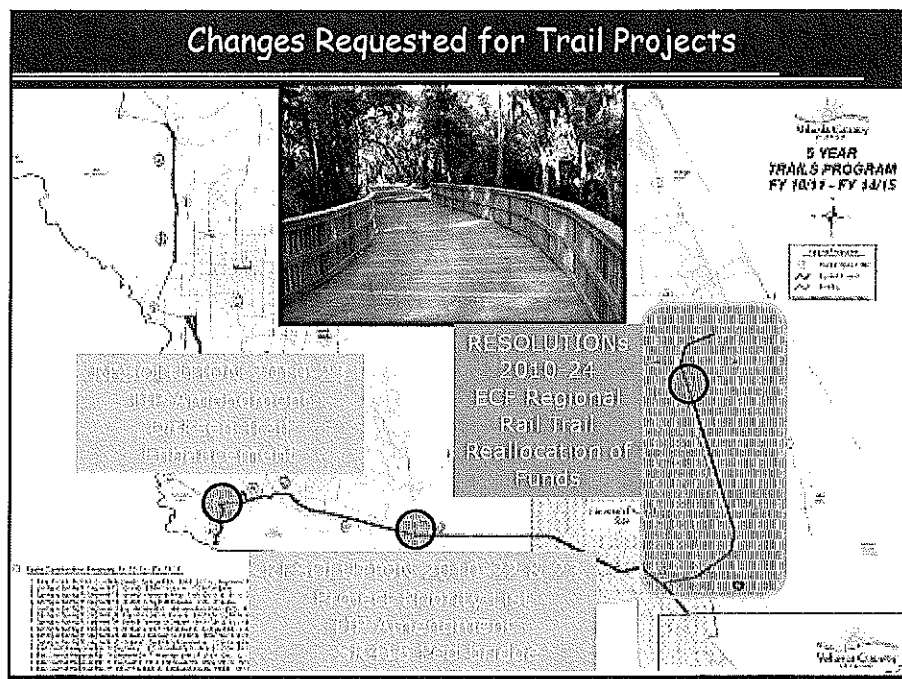
Enhanced Scope of Work:

Add'l Work Estimated cost = \$54,670

1. Extend trail south
2. Install new crosswalk on south approach
3. Install new pedestrian signal features

Volusia County

Changes Requested for Trail Projects



Volusia County
5 YEAR
TRAILS PROGRAM
FY 10/11 - FY 14/15

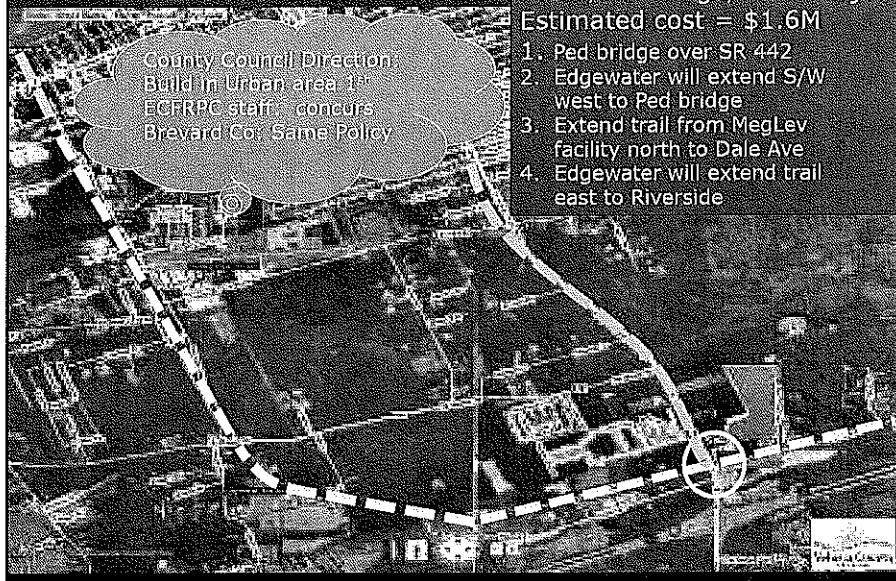
RESOLUTIONS
2010-24
ECF Regional
Rail Trail
Reallocation of
Funds

RESOLUTION 2010-22 & 23
Project Priority List
The Appropriation
Shifting Fund Balance

RESOLUTION 2010-24
311P Amendment
On-Route Trail
Construction

Volusia County

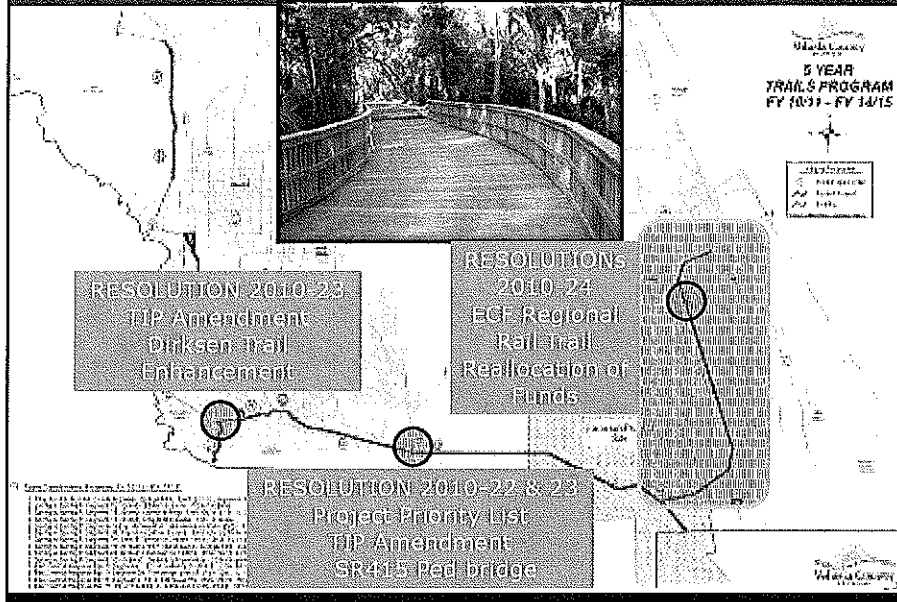
Project 14



Project 14



Questions - Changes Requested for Trail Projects



**SUMMARY SHEET
BPAC
NOVEMBER 10, 2010**

III. Action Items

B) Review and Recommend Approval of the Revised Volusia TPO Project Prioritization Process

Background Information:

The BPAC Project Review and TIP Subcommittees have been working on revisions to the Volusia TPO's Project Prioritization Process for the 2011 Call for Projects. The draft process recommended by the Project Review Subcommittee at their November 3, 2010 meeting will be provided under separate cover.

Action Requested:

Motion to recommend approval of the revised VTPO Project Prioritization Process

**SUMMARY SHEET
BPAC
NOVEMBER 10, 2010**

III. Action Items

- C) Review and Recommend Approval of the 2035 Long Range Transportation Plan: Bicycle & Pedestrian Chapter**

Background Information:

The 2035 Long Range Transportation Plan: Bicycle & Pedestrian chapter describe the issues used to facilitate bicycle & pedestrian planning throughout the Volusia TPO's planning area. The draft report will be provided under separate cover.

Action Requested:

Motion to recommend approval of the 2035 Long Range Transportation Plan: Bicycle & Pedestrian Chapter

**SUMMARY SHEET
BPAC
NOVEMBER 10, 2010**

III. Action Items

D) Review and Recommend Approval of Bicycle/Pedestrian Projects for the 2011 Safe Routes to School Call for Applications

Background Information:

The BPAC Project Review Subcommittee met on November 3, 2010 to rank projects identified as priorities from the Bicycle & Pedestrian School Safety Review Study. The prioritized list of projects selected from the 2011 Safe Routes to School Call for Applications will be provided under separate cover.

Action Requested:

Motion to recommend approval of Bicycle & Pedestrian Projects for the 2011 Safe Routes to School Call for Applications

**SUMMARY SHEET
BPAC
NOVEMBER 10, 2010**

III. Action Items

E) Cancellation of the December 8, 2010 BPAC meeting

Background Information:

Traditionally, if there is no outstanding business which needs to be conducted before the end of the calendar year, none of the TPO Committees meet during the month of December. This tends to be a busy month for committee members who are preparing for the holidays.

Action Requested:

Motion to cancel the December 8, 2010 BPAC meeting

**SUMMARY SHEET
BPAC
NOVEMBER 10, 2010**

IV. Presentations and Discussion Items

A) Presentation on the SunRail Commuter Rail Transit Project

Background Information:

The Florida Department of Transportation will give a presentation on SunRail, the Central Florida Commuter Rail project that is scheduled to begin passenger rail service in 2013. The presentation will focus on bicycle and pedestrian amenities that have been incorporated into the design of SunRail stations and platforms. The project will be fully compliant with the Americans with Disabilities Act.

FDOT representatives will provide a brief presentation on the SunRail Commuter Rail Transit project.

Action Requested:

No action is required unless otherwise directed by the BPAC

**SUMMARY SHEET
BPAC
NOVEMBER 10, 2010**

IV. Presentations and Discussion Items

B) Video Presentation on Bicycle Safety: The Bicycle Zone

Background Information:

The Traffic Safety Education Video entitled *"The Bicycle Zone"* is part of Florida's Safe Routes to School Elementary Traffic Safety Education Guide. The guide was developed by the Florida Traffic and Bicycle Safety Education Program at the University of Florida.

Action Requested:

No action is required unless otherwise directed by the BPAC

**SUMMARY SHEET
BPAC
NOVEMBER 10, 2010**

V. STAFF COMMENTS

VI. BPAC MEMBER COMMENTS

VII. INFORMATION ITEMS

- Florida Bicycle/Pedestrian Law Enforcement Guide (insert)
- Florida Safe Routes to School Updates – October 15, 2010
- Florida Strategic Highway Safety Plan Brochure
- SunRail News Article
- SunRail Brochure (insert)

VIII. ADJOURNMENT



Florida SRTS Updates

By Pat Pieratte

Florida SRTS Coordinator

(pat.pieratte@dot.state.fl.us, 850-245-1529)

October 15, 2010

SafeRoutes
Florida Safe Routes to School



www.srtsfl.org

Florida Updates: State

International Walk to School Day Events Break All Records! It seems that everyone was so busy planning their events that many organizers didn't get their events registered until after the fact (or some events may be taking place later in the month). In any case, as of today, Florida had 224 registered events, clearly a new record! Since the national total is up to 3,521 events, Florida's events represented 6.36% of the total, also a new record!

Between the SRTS FDOT district and local SRTS coordinators, the Safe Kids Coordinators, the DOH Communities Putting Prevention to Work Coordinators and many local school parents and other volunteers, we had tremendous success in planning events this year. Congratulations and many thanks to everyone who planned or helped with a local Walk to School event. If you haven't sent me information on your event yet, you can still do so. I will be featuring some of the events in at least the next few SRTS Updates. I've captured as many as I could in this issue, but if I've forgotten yours, please send me a reminder and I'll cover it next time.

Florida DOT and Florida DOH collaborated on a very nice press release on International Walk to School Day, featuring the cooperation between the two departments on Safe Routes to School and Walking School Bus activities. The press release is attached to the transmittal e-mail, in case you haven't seen it. The numbers of those participating really went up since we put the press release together!

Bicycle and Pedestrian Partnership Council: The second meeting of this Council was held on October 14 in Deland. It was a very informative meeting, with presentations and discussion on the 2060 Florida Transportation Plan, the Strategic Highway Safety Plan, Pedestrian/Bicycle Facility Design Standards [Florida Greenbook (standards for all Florida roads) and Plans Preparation Manual (standards for state highways)], and an Overview of local, federal and state funding sources.

Included in the last topic was information on the 2010 rescission of federal transportation funds, which has been a topic of discussion among Florida bicycle and pedestrian advocates. The bottom line is that the funds which were rescinded never had obligation authority, so they could not have been spent. It was explained that rescissions are paperwork exercises to balance the books, and that no projects of any type were affected. However, because this has been raised as a concern, the Department is working with its local partners to try to streamline the process of allocating and spending Transportation Enhancement funding, one of the major funding sources for bicycle and pedestrian projects.

The online survey for the Strategic Highway Safety Plan will be available until October 30. Please take a few minutes to express your opinions on whether or how the Plan should be revised. Here is the link to the survey:

<http://www.surveymonkey.com/s/TransportationSafetyFloridaOnlineSurvey>. Also, please remember to input your SRTS and other safety programs and projects into the online tracking tool at:
<http://www2.dot.state.fl.us/SafetyProgramTracking/Default.aspx>.

The minutes of this week's meeting and announcement of the next quarterly meeting (probably sometime in January) will be posted on the Partnership website. Watch <http://www.dot.state.fl.us/planning/policy/bikeped/> for more information.

2060 FTP Webinar October 20: Help Florida Department of Transportation plan for the future by participating in a free webinar on the draft 2060 Florida Transportation Plan. This webinar will be held on Wednesday, October 20, from 2:00-3:00 pm. If you are near one of the FDOT Districts hosting the webinar, you can attend it that way, or reserve your seat at <https://www2.gotomeeting.com/register/316224762>. Following a review of key elements of the draft Plan, there will be time for questions and comments from participants. After the webinar, written comments will be accepted until mid-November.

Florida Updates: Local

Two Tallahassee Walk to School Events: This is the first year we have had any events in Tallahassee, and we had two to choose from! Both went very well, from all reports.

Roberts Elementary School had about 50 children walking with parents, younger siblings and even a few dogs! The crossing guard remarked that she had never seen many of these children before. Volunteers from the Roberts Parent Teacher Organization (PTO), Junior League of Tallahassee, Florida Department of Health, Florida Department of Transportation (me) and the Safe Routes to School Florida Network were on hand to greet parents and students and provide them with safety and health messages. One mother biked to school with her child, and said afterwards that she would be interested in starting a Bike Train once a week if she can get others to help.

Florida State University Schools had about 60-100 children walking with parents and others. Federal Highway Administration SRTS representative Hussein Sharifpour helped pass out flashlights to the children. The school plans to hold a Walking School Bus event once a month.

All Children's Hospital Organized 44 Walk to School Day Events! Safe Kids Suncoast, based at All Children's Hospital and representing five Tampa Bay area counties organized and held 44 Walk to School Day events—a new record! Their website includes this information:

FedEx volunteers joined Safe Kids Suncoast of Pinellas, Manatee, Sarasota, Polk and Pasco and local school children on Wednesday, October 6, 2010 to celebrate International Walk to School Day: Walk This Way.

What a wonderful accomplishment! See their website at: <http://www.allkids.org/body.cfm?id=722&fr=true>, their resource library at: <http://www.allkids.org/body.cfm?id=722&fr=true#Resources> and a great slide show of some of their events at: <http://www.flickr.com/photos/allchildrenshospital/sets/72157625107278016/show/>.

Also, June Shoemaker sent a wonderful PowerPoint presentation with photos of the Bike Train organized by the Oldsmar Fire Department, the EMS Coordinator and the Pinellas County Sheriff's Department for the students of Forest Lakes Elementary School. After adjusting their helmets and bikes and reviewing the rules of the road, seven students biked to school with the organizers. They followed the bicycle safety tips, including walking their bikes across the intersections. It looks like they had a fantastic time biking to school!

Two Seminole County Walk to School Day Events: Dr. Toni Moody recently reported on the success of two events she participated in. She said, in part:

I couldn't resist bragging on Altamonte Elementary WTS Day Team. This is our 2nd event there and we were proud to use the new sidewalks bringing the infrastructure and non-infrastructure vision into reality.

Those who worked together on the event were the Links, Health Masters Club, Seminole County Public Works, Seminole County School Board Member and Altamonte Elementary PTA. Dr. Moody reported that her Health Masters Club was invited to present at an upcoming School Board Meeting as a result of the success of the day. She also reported that funding for sidewalk improvements near the school would be coming from Seminole County Public Works next summer. This shows that collaboration and communication result in good progress for SRTS programs.

The other event was for Lee Middle School, the school's first Walk to School Day event. Participants included Maury Road/Palomar Neighborhood Watch, Orange County Health Department, Orange County School Board, a City Commissioner and the Principal. Proclamations were received from City of Orlando Mayor Dyer, Orange County Mayor Crotty, City of Maitland Mayor Kinson, Town of Eatonville Mayor Mount, and City of Apopka Mayor Land.

Report from Okeechobee: Louise Caldwell Piper, who used to work at Department of Education and is now the School Transportation Director for Okeechobee, sent a report, which said in part:

I walked to school with several groups here in Okeechobee and it was a gorgeous cool fall day! Kids loved it. The buses made student stops about a half mile from school at set-up tents with volunteer adult walkers and the students got off the bus and walked the remainder of the way to school.

We appreciate it when the school transportation directors cooperate with Walk to School Day like this! It helps make it possible for most or all students to take part in a fun and educational activity.

International Walk to School Day Articles: There was a wealth of articles on Walk to School day events. Below are a few and I'll include more in upcoming Updates, so keep sending them to me.

Sad News First: I'll begin with an event which honored a Palm Beach County student who was killed as a bicyclist on his way home from school:

- **Greenacres Students Honor Classmate on International Walk to School Day This Morning:**

"As drivers we need to slow down, not just in school zones but also in the community. We have kids on every street at any time," said Kelly Powell, program director Safe Kids Palm Beach County, one of the event's local sponsors...

Powell said "We held the event at Pine Jog to honor Liam and what this entire school went through." She said the principal has told her "the bike rack has basically been empty since Liam's passing. The kids are just afraid." They want the kids to know "It's OK to walk and bike to school, just be safe"

Read more at: <http://www.palmbeachpost.com/news/schools/greenacres-students-honor-classmate-on-international-walk-to-956365.html> and http://articles.sun-sentinel.com/2010-10-06/news/fl-walk-to-school-palm-20101006_1_school-day-school-zones-entire-school.

Here Are Some More Upbeat Articles:

- **From South Florida:**

- **International Walk to School Day is Wednesday:** This article begins:

A goal of Safe Kids USA is to protect children who walk to and from school. To demonstrate, students from 21 elementary schools in Broward and Palm Beach counties will walk at 7 a.m. Wednesday. They will be promoting exercise, with participation by children of all abilities. They will also learn about protecting the environment as well as safe routes to and from school.

Read more at: http://articles.sun-sentinel.com/2010-10-06/news/fl-walk-to-school-day-20101005_1_safe-routes-elementary-schools-school-day

- **International Walk to School Day:** This article begins:

Kids walking to and from school are more than a distraction or delay for rushed drivers impatiently crawling through school zones during designated hours. With their little shoulders burdened by backpacks and sports gear, they're a presence and iconic tradition to be protected and preserved, a goal of Safe Kids USA.

Read more at: <http://blogs.sun-sentinel.com/crime-and-safety/2010/10/05/international-walk-to-school-day/>

- **BRIEF: International Walk to School Day is Wednesday:** This article includes this quote:

Organizers hope to remind adults that driving in school zones while distracted by cell phone calls and texts or eating, drinking, smoking, grooming or reading, all contribute to child pedestrian injuries.

Read more at: <http://dailyme.com/story/2010100600002401/brief-international-walk-school-day-wednesday.html>.

- **Do You Let Your Kids Walk To School?** After discussing Lenore Skenazy's reasons for founding her blog at www.freerangekids.wordpress.com, this mother described the steps she went through to allow her children more freedom as they grew older and more able to accept the freedoms and responsibilities. She ends here article:

So yes, whenever possible, parents should let their kids walk down the street and to school and beyond. What do you think? Are you a free-range parent?

Read more at: http://blogs.trb.com/features/family/parenting/blog/2009/09/do_you_let_your_kids_walk_to_s.html.

- **News from Pinecrest:** Dina Weinstein reported that she organized another very successful Walk and Bike to School day at her son's school, Temple Beth Am Day School in Pinecrest, FL. She sent photos documenting the fun. At least 150 students participated at this private school where only two families usually walk or bike. This is remarkable participation! Private schools often are the most challenging ones at which to implement active transportation programs, since they do not draw their students from the neighborhood.
- **WalkSafe Event:** An entire school of 1000 students participated along with school staff, teachers, parents and volunteers. There were special demonstrations given by Miami Police Department, Miami-Dade County Public Schools Police and Miami-Dade Fire/Rescue. Former Miami Heat's Tim Hardaway, several University of Miami basketball players, cheerleaders and the Coral Gables High School Marching Band, Miami-Dade Police School Crossing Guard Unit, City of Miami Commissioner Francis Suarez and newly appointed Miami-Dade County Public School Board member Raquelita Regalado also participated. WalkSafe also sponsored a poster contest with three winners in different age categories. This was a massive planning effort with a very successful result!

- **From Central Florida:**

- **Audubon Park Elementary School:** This is one of the schools supported by Winter Park Health Foundation Coordinated School Health Program. Laurie Brown and another parent at this school heard about the Walk and Roll program at Dommerich Elementary School and wanted to create the same program at Audubon. With only a week's lead time, but with the help of their PTA president, their principal and Dr. Toni Moody, they were able to host a very successful event. Out of 1100 students, they had close to 400 walk and ride their bikes to school! Their car circle decreased from 165 cars to 70 cars and there was no backup along our main roads. They organized their first walking school bus for children who lived over a mile from school, and had more than 50 children, accompanied by their principal, community service officer and parent volunteers.

They are also in the process of establishing a school-based SRTS committee, with the help of Dr. Moody. They are very excited, and plan to do a Walk and Roll event once a month for now, although the Principal would eventually like to do it every week! This is a great success story, and shows that enthusiastic parents can really get programs going quickly and successfully.

Hot off the Press: Audubon Park Elementary School was featured as the *School of the Week* in this week's 2010 Walk to School Day e-Newsletter, Issue 7 for October 22, 2010! This newsletter says:

*Every week, we highlight a different school's plans for 2010 Walk to School Day. The featured school this week is **Audubon Park Elementary School in Orlando, Florida.***

We learned about Audubon Park Elementary School's Walk to School Day celebration from the principal's blog "Trevor's Twitter."

"On Oct. 6, in honor of International Walk to School Day, Audubon Park began its effort to eliminate unnecessary vehicle traffic with our monthly "Walk and Roll" program. The walking school bus began at 8:00 Wednesday morning. When the students arrived at school, they were given a sticker, and a frequent "Walk and Roll" punch card with the first month punched out! The walking school bus was like a parade as there was music and balloons. Our goal was to get the word out about the walking school bus so we could minimize the traffic on International Walk to School Day and throughout the school year."

Check out this video that captures Walk to School Day highlights at Audubon Park created by Audubon Park parent, Laurie... Thanks for sharing this video on the National Center's Facebook page. If you have any Walk to School Day videos you'd like to share, please post them on the National Center's Facebook page, www.facebook.com/saferoutesinfo.

Congratulations to Audubon Park for being recognized as the National Center's School of the Week!

- **Walk To School Day Set:** This article from the OrlandoSentinel.com includes this quote:

Students at 26 Central Florida elementary schools will be putting on their sneakers and walking to school Oct. 6 instead of having mom or dad take them in the car. Some will be riding bikes, too.

The schools scattered from Daytona Beach to Windermere will be taking part in the 13th annual International Walk to School Day. It's designed to help kids get more exercise and to raise the thought that maybe communities should be designed so people can walk more places instead of depending on their cars.

Read more at: http://blogs.orlandosentinel.com/news_education_edblog/2010/09/walk-to-school-day-set.html.

- **Students Set Out on Foot for International Walk to School Day:** This article includes this quote:

"I asked the students how many were participating. Almost all the hands were up," said Maira Gomez, administrative secretary at Hiawassee Elementary School. "They said they're bringing their parents out. So the more students we have walking to school, the less traffic we have in the mornings at drop-off. So we're really excited about that."

Read more at: <http://www.cfnews13.com/article/news/2010/october/158757/Students-set-out-on-foot-for-International-Walk-to-School-Day>.

- **From other places around Florida:**

- **Walking To School Gets Kids Off On Right Foot:** This story from Florida Today includes these quotes:

Thirty-six elementary schools in Brevard County participated Wednesday -- the highest participation ever...Local district and county officials say the event also promotes pedestrian training and safety, environmental health and bonding among students, parents and school officials...

At Golfview, the sound of musical instruments and cheerleading chants filled the air as Principal Jacqueline Feagin, physical education teacher Mike Fitzpatrick and other teachers and volunteers.

Read more and see the photos of some of the 200 children who walked to school at Golfview, at: <http://www.floridatoday.com/article/20101007/NEWS13/10070316/1195/NEWS13/Walking+to+school+gets+kids+off+on+right+foot>.

Sally White reported on one of Brevard County's successful events. Palm Bay Elementary School had 17 adults with just over 100 participants all together. They were one of the pilot schools for the Safe Ways to School project about 13 years ago, and look forward to their annual event. They also have a Thursday Walk To School every week and have done that for about seven years.

- **Students trade bus seats for walking shoes:** This story from Santa Rosa County includes this quote:

Alex and four other fifth-graders at Holley-Navarre Intermediate School are the first to sign up to be a walking school bus on Wednesday afternoons. The goal is to encourage children living close to school to walk instead of ride the bus.

Read more at: <http://www.pnj.com/article/20101007/NEWS01/10070308/Students-trade-bus-seats-for-walking-shoes>.

- **CPPW Update:** Communities Putting Prevention to Work Coordinator Jennifer Robertson sent me two Smilebox presentations with photos, music and annotations about the events. See them at the links below:
 - Tatum Ridge Elementary School:
<http://secure.smilebox.com/ecom/openTheBox?sendevent=4d546b314d4451334e7a52384e4449324d7a51794f44453d0d0a&sb=1>.
 - Vineland Elementary in Charlotte County:
<http://secure.smilebox.com/ecom/openTheBox?sendevent=4d546b304d5441774e6a52384e4449324d7a51794f44453d0d0a&sb=1>. About 50 students participated, along with about 25 staff members, who walked one mile to the start point and then the one mile back to school. The staff members are talking about starting a Walking Wednesday Club to encourage and participate with the students they are trying to influence. What a great concept! Jennifer also passed along a great educational tip:

I passed out the reflective bracelets at the start and had them put them on their "left" wrist! I talked for a minute about pedestrian safety and how we look...left, right, left...at every intersection. Having them put it on their left hand helped remind them and at every intersection one of the teachers would say, "Which way do we look first?", and all the kids would hold up their left hand and yell.... "LEFT"!!! It was great and they really had fun!

Keep these inspiring stories coming, and I'll report more in future Updates.

News from Other States and Countries

Articles on International Walk to School Day: There were tons of articles on Walk to School Day from around the country, but I'll save those for future SRTS Updates. I wanted to concentrate more on Florida events in this issue.

Two Articles from the October 13 Centerlines:

- **Rhode Island Communities Get \$2.1m In SRTS Cash:**

According to an Oct. 12th Providence Journal article, "A dozen Rhode Island schools and communities will receive more than \$2.1 million in federal grants to help create safer routes for students to get to school, and to encourage students to walk and bike there. The grants were announced by the Rhode Island Statewide Planning Program, the state Department of Transportation and the Safe Routes to School Steering Committee..."

Source: <http://tinyurl.com/37j6wkz>.

- **Bicycle Fed Of Wisconsin Gets \$318k For SRTS Program:**

According to an Oct. 11th Journal Sentinel article, "The Bicycle Federation of Wisconsin received \$318,700 from the latest Safe Routes to Schools grants in the state, and plans to teach about 12,000 Milwaukee students how to bike and walk to class over the next three years. The cycling advocacy group launched the local program in 2004, and has guided 9,000 students from 56 Milwaukee Public schools, to date."

"Across the state, the latest round of Safe Routes to Schools funding includes \$6 million distributed to 44 school districts and municipalities. The public agencies use the money to improve biking and walking routes to schools, for planning and for classes. In the MPS program run by the Bike Fed, students in grades 4 through 6, take a 10-hour course during the summer; students in grades Kindergarten through third have a three-hour course on walking to school..."

Source: <http://tinyurl.com/3axbbdp>.

National News

International Walk to School Day Celebrates Safety and Good Health: USDOT Secretary Ray LaHood participated in a Walk to School Day event in Maryland, and reported on it in his blog, which includes these quotes:

Walk to School Day is a great opportunity for me to spend time with parents, kids, and teachers and to showcase our Safe Routes to School program and First Lady Michelle Obama's Let's Move initiative...

As a father, grandfather and former schoolteacher, I know how important it is that we provide students with safe options for getting to school while promoting exercise and healthy lifestyles. That's why I've embraced the Safe Routes to School program so wholeheartedly since becoming Secretary of Transportation.

Simply, Safe Routes works to ensure that children have a safe way to walk or bike to school. And that dovetails perfectly with the First Lady's goals of increasing physical activity among kids and reversing childhood obesity...

Everybody wins when kids take Safe Routes to School.

Read the rest of his article and see the video at: <http://fastlane.dot.gov/2010/10/celebrating-walk-to-school-day-is-celebrating-safety-and-good-health.html#more>.

Free Webinar Personal Security and Safe Routes to School: Don't miss this webinar sponsored by the Safe Routes Coaching Action Network, to be held October 26 from 1:00-2:00 pm. Presenters are Tobin Scipione, M.I.I.M., Principal/Owner, Scipione Consulting; Ellen R. Schmidt, MS, OT, Assistant Director, National Partners, Children's Safety Network National Injury and Violence Prevention Resource Center, Education Development Center, and Jennifer Swickard Mallo, Swansfield Elementary School, Parent and PTA President. The announcement said in part:

Concerns about children's personal security can sometimes serve as a roadblock to developing a Safe Routes to School Program. What are the personal security issues that children may face when walking to school? Which issues are real problems and which ones are perceptions? How can parents and school communities address these concerns? This webinar will present an overview of personal security issues and statistics as well as strategies to address these issues. The webinar will also provide information on anti-bullying programs and share one school's first-hand experience in tackling bullying issues.

Register at: <https://www1.gotomeeting.com/register/400893025>.

New Program Recognizes Walk Friendly Communities: This article is reprinted from the October 13 Centerlines:

According to an Oct. 4th news release, "The Pedestrian and Bicycle Information Center (PBIC) has officially launched Walk Friendly Communities (WFC), a national recognition program to encourage towns and cities across the United States to establish or recommit to a high priority for safe walking."

"Assessing communities' commitment to improve conditions related to walking, including safety, mobility, access and comfort, PBIC will recognize communities that set the bar in fostering and accommodating walking. In August, the WFC program accepted nine communities to test the pilot application and the online assessment tool. The program will begin accepting applications nationwide on November 1, 2010."

"At the core of the WFC program is a comprehensive assessment tool that evaluates community walkability and pedestrian safety through questions related to engineering, education, encouragement, enforcement, evaluation and planning. The assessment tool questions are intended to both evaluate conditions for walking and provide communities with feedback and ideas for promoting pedestrian safety and activity..."

Source: <http://tinyurl.com/2bwkdvs>

There will be a webinar on this new program on Tuesday, October 19, 2010, from 1:00-2:00 pm. This Webinar will give an overview of the WFC program and deliver details of the application process. The announcement says, in part:

WFC is a recently-launched nationwide program with the goal of encouraging towns and cities throughout the United States to establish (or recommit to) a high priority for supporting safe walking. Developed by PBIC, the purpose of this program is twofold: to recognize existing walkable communities and to provide a framework for communities seeking to improve their walkability. Vivian Coleman, pedestrian program manager with the Charlotte Department of Transportation will discuss the WFC program from the perspective of an applicant community.

To register, please visit www2.gotomeeting.com/register/571596451.

Department of Health and Human Services Awards \$31 Million More for Prevention and Wellness Projects:

The recipients of these Communities Putting Prevention to Work (CPPW) program awards were one state Health Department and ten communities. Included in the community awards was a Florida grant: \$4.85 Million to Pinellas County Health Department, Florida for obesity prevention. I don't know the details of this grant, but hopefully some resources will be directed toward children's wellness programs, including SRTS. For more on these and the first round of CPPW awards, see: <http://www.cdc.gov/chronicdisease/recovery/community-awards.htm>.

Report on School Wellness Policies: An e-mail from Dr. Jamie Chriqui, author of this updated report says, in part:

I'd like to point you to a new resource posted on the Bridging the Gap web site today. The report, School District Wellness Policies: Evaluating Progress and Potential for Improving Children's Health Three Years after the Federal Mandate, serves as an update to our 2009 report. Its findings are based on nationally representative samples of school districts from school years 2006-07, 2007-08 and 2008-09 — the years immediately following the required adoption date for the wellness policies...Overall, our data show that districts have made progress, but that much improvement is

still needed to create policies that support healthy eating and physical activity in our nation's schools.

Dr. Chiqui may be holding webinars on this topic, and I'll pass along information as I get it.

Florida & National Calendar of Events & Training Opportunities

❖ Indicates new items Items are repeated until events are held All times are Eastern unless noted

- **October 17-21, International Making Cities Livable:** Charleston, SC. Info at: <http://www.livablecities.org/conferences/forthcoming-conferences/78-48th-conference-in-charleston.html>.
- **October 18-19, Transportation Systems for Livable Communities Conference,** Washington, D.C. Info: Transportation Research Board. More info: <http://tinyurl.com/yfla7ah>.
- **October 18-21, Rail-Volution 2010: Building Livable Communities with Transit,** Portland, OR. More info: <http://www.railvolution.com/future.asp>.
- **October 19-22, Association of Metropolitan Planning Organizations (AMPO) Annual Conference,** St. Louis, Mo. More info: www.ampo.org.
- **October 19-22, National Scenic Trails Workshop.** More info: The Partnership for the National Trails System: <http://tinyurl.com/2amvklg>.
- ❖ **October 19, 1:00-2:00 pm, free Webinar on Walk Friendly Communities:** Sponsored by the Pedestrian and Bicycle Information Center and presented by Carl Sundstrom, PE, Program Specialist, PBIC and Vivian Coleman, RLA, AICP, Pedestrian Program Manager, Charlotte Department of Transportation. This Webinar will provide an overview of the WFC program and deliver details of the application process. More info and register at: www2.gotomeeting.com/register/571596451.
- ❖ **October 19, free Webinar: *Creating Aging-Friendly Communities*,** Module II Optimal Living Environments for Healthy Aging (starting Oct 19). See also the archived Module I, an overview of Environmental & Policy Change for Healthy Aging (starts Sept 28). Info and registration: <http://tinyurl.com/2w9hxxz>.
- ❖ **October 20, 3:00-4:00 pm, Webinar: *Roundabout Design for Pedestrians and Bicyclists*,** sponsored by APBP. For Costs and registration, see: <http://tinyurl.com/34konup>.
- ❖ **October 20, 2:00-3:00 pm, free Webinar on Health Literacy: *Making Health Information Actionable and Engaging*:** presented by Margarita Hurtado, PhD and Sandy Hilfiker, MA and sponsored by the Department of Health and Human Services. The discussion will focus on user-Centered approaches to Health Literacy. Register at: <http://www2.gotomeeting.com/register/575066786>.
- **October 20-22, Association of State and Territorial Health Officials;** Colorado Springs, CO. Watch for info at: <http://www.astho.org/events.aspx>.
- **October 21, 2:00-3:00 pm, free webinar: *Feet to the Streets: Alternatives to Motorized Transportation*,** sponsored by the Robert Wood Johnson Foundation (RWJF) Center to Prevent Childhood Obesity. This webinar will discuss strategies for creating opportunities that encourage non-motorized transportation including: developing systems of trails and bike paths, implementing incentives for reducing dependence on motorized transportation, and promoting innovative land use strategies that support a variety of modes of active transportation. Register by clicking on the hyperlinked title.
- **October 22-23, From Backyard to Backcountry and the Trail Between:** State Trails Conference, Tacoma, WA. Hosted by the Washington State Trails Coalition. Info: <http://tinyurl.com/26l5t4d>.
- **October 22-24, Winning Campaigns Training:** Burlington, VT. Info: Provided by the Alliance for Biking & Walking, hosted by Local Motion. More info: <http://tinyurl.com/ybu88t6>.
- **October, 25-26, Using National Household Travel Survey Data for Transportation Policy Decisions Conference;** Washington, D.C. Info: Transportation Research Board. Info: <http://tinyurl.com/yhff87z>.
- **October, 25-27, Sustainable Transport and Quality of Life in the City:** Buenos Aires, Argentina. Info:

CODATU, 21 boulevard Vivier-Merle, 69003 Lyon - France; phone: 0033 (0)4 78 62 23 09; fax: 0033 (0)4 78 62 32 99; email: codatu@wanadoo.fr. More info: <http://tinyurl.com/yddh88f>.

- ❖ **October 26, 1:00-2:00 pm: free Webinar *Personal Security and Safe Routes to School*:** Personal Security is a topic of concern to many parents and SRTS organizers. So don't miss this important webinar. Register at: <https://www1.gotomeeting.com/register/400893025>.
- **October 26-29, 2010 National Preservation Conference;** Austin, TX. More info: <http://www.preservationnation.org/resources/training/npc/>
- **October 27-29, Child in the City 2010 Conference:** Florence, Italy. More info: <http://www.childinthecity.com/page/1836>.
- **October 28-November 2, AASHTO Annual Meeting:** Biloxi, MS. More info: <http://www.transportation.org/meetings/224.aspx>
- **October 28, 3:00-4:30 pm, Multi-modal School Site Planning Design and Transportation for Primary Grades:** Due to popular demand, the National Center for SRTS and ITE will be repeating this webinar. Watch the ITE's web site for more details.
- **October 30-31, the Philadelphia Bike Expo:** Philadelphia, PA. Info: <http://tinyurl.com/35ncp4c>.
- **October 2010: Free Webinar: *Personal Safety and SRTS*.** Watch for more information at: http://www.saferoutesinfo.org/training/can_webinars.cfm.
- **Date TBD, 2:00-3:00 pm, Free Webinar *Pedestrians and Transit*,** presented by Dan Nabors, *Senior Transportation Engineer, VHB*. This is Part 7 of the *Designing for Pedestrian Safety* series. Watch for more information at: http://www.walkinginfo.org/training/pbic/dps_webinars.cfm.
- ❖ **November 3, 2:00-3:00 pm, free Webinar on Health Literacy: *Why Culture Makes a Difference*:** presented by Margarita Hurtado, PhD and Kay Loughrey, MPH, and sponsored by the Department of Health and Human Services. The discussion will focus on special issues in communicating with older adults and minority populations. Register at: <https://www2.gotomeeting.com/register/774870554>
- **November 5-7, Winning Campaigns Training,** Asheville, NC. Info: Provided by the Alliance for Biking & Walking, hosted by Asheville Bicycle Coalition. Info: <http://tinyurl.com/y94p7uh>.
- **November 6-10 American Public Health Association:** Denver, CO. Info: <http://www.apha.org/meetings/>.
- **Date TBD, 2:00-3:00 pm, Free Webinar *Road Diets*,** presented by Peter Lagerwey, *Senior Planner, Toole Design Group*. This is Part 8 of the *Designing for Pedestrian Safety* series. Watch for more information at: http://www.walkinginfo.org/training/pbic/dps_webinars.cfm.
- **November 11-12, CNU 2010 Transportation Summit,** Detroit, MI. Watch for info at: <http://www.cnu.org/transportationsummits>.
- **November 14-17, 1st T&DI Green Streets & Highways Conference,** Denver, CO. Info: Transportation & Development Institute, American Society of Civil Engineers. More info: <http://tinyurl.com/ygcy75r>.
- **November 14-17, 20th American Trails National Symposium,** Chattanooga, TN. More info: American Trails <http://tinyurl.com/yjmk6mb>.
- **November 17-19, WALK21 Conference, in The Hague, The Netherlands:** The theme is *Getting Communities Back On Their Feet*. See a video introduction to the conference and The Hague at: <http://www.walk21.com/conferences/thehague.asp#>.
- ❖ **November 30, free Webinar: *Creating Aging-Friendly Communities*,** Module III Integrated Approaches to Mobility (starting Nov 30). See also previous archived Modules. Info and registration: <http://tinyurl.com/2w9hxzx>.

- ❖ **January 4, free Webinar: *Creating Aging-Friendly Communities***, Module IV Emerging Environmental Issues in Healthy Aging (starts Jan 4, 2011). See also previous archived Modules. Info and registration: <http://tinyurl.com/2w9hxzx>.
- **March 24, 3rd Annual Florida Bike Summit**, Florida Capitol Courtyard, Tallahassee FL. Sponsored by Florida Bicycle Association.
- **May 15-19, National Scenic and Historic Trails Conference, Abingdon, VA.** Info: The Partnership for the National Trails System: <http://tinyurl.com/2bl3n3r>.
- **May 22-25, National Main Streets Conference:** Des Moines, IA. Info: National Trust for Historic Preservation Main Street Center: <http://tinyurl.com/25lpg4>.
- ❖ **August 16-18, 3rd Safe Routes to School National Conference**, Minneapolis, MN. Info: <http://tinyurl.com/ajk7jy>.

Ongoing Resources of Interest:

Archived Webinars:

- The PBIC and APBP held a Webinar on Pedestrian and Bicycle Changes to the 2009 Edition of the MUTCD. View this excellent archived webinar at: http://www.walkinginfo.org/training/pbic/webinar_04-15-2010.cfm.
- The National Work Zone Clearinghouse held a webinar on September 29, 2009 on "Taking Proper Care of Pedestrians in Work Zones", discussing the MUTCD work zone requirements for pedestrians, including those with disabilities. View the webinar at <http://www.workzonesafety.org/node/9900>.
- **America Walks/National Center for SRTS Webinar series:** See: http://www.saferoutesinfo.org/training/can_webinars.cfm
- **Context Sensitive Solutions Webinars:** See: <http://www.contextsensitivesolutions.org/content/webinar/>. Some webinars of interest to SRTS advocates include:
 - A Guide to Building CSS Knowledge and Skills for Successful Project Delivery
 - Using Design Flexibility to Achieve Context Sensitive Solutions
 - Complete Streets and Context Sensitive Solutions
- **MP3 and MP4 versions of completed Transportation for America free webinars are available on these topics at:** <http://t4america.org/webinars>:
 - Transportation and Social Equity
 - Transportation, Energy and Climate
 - Transportation, Housing and Development
 - Transportation, Health and Public Safety
 - Transportation and Economic Opportunity
- **Leadership in Action: Policymakers Addressing Childhood Obesity through Collaboration and Policy Change:** See www.esgn.tv and click on the red and blue promotional graphic for the program on the right side of the ESGN home page. It will be available until July 1, 2010.

Archived Conference Presentations:

- **New Partners for Smart Growth 2009 Presentations:** More than 230 PowerPoint presentations at: <http://www.smartgrowth.org/newpartners/NPSG2009.asp>
- **The Association Of Metropolitan Planning Organizations' 2008 National Conference**, included presentations on SRTS and other Bike/Ped issues: View these & others at the links below:
 - **Safe Routes to School Washington State Planning and Funding Assistance**, Charlotte Claybrooke, Washington DOT, SRTS Coordinator: http://www.ampo.org/assets/719_claybrook.pdf.
 - **Safe Routes to School – Practical Solutions on a Small Budget:** Andy Hume, Las Cruces Metropolitan Planning Organization (MPO): http://www.ampo.org/assets/725_hume.pdf.
 - **Safe Routes 2 School**, Lee Kokinakas, Michigan Fitness Foundation: http://www.ampo.org/assets/726_kokinakas.pdf.
 - 3 Bicycle and Pedestrian Planning presentations from Anchorage, Atlanta and Omaha at:

Web-based Training:

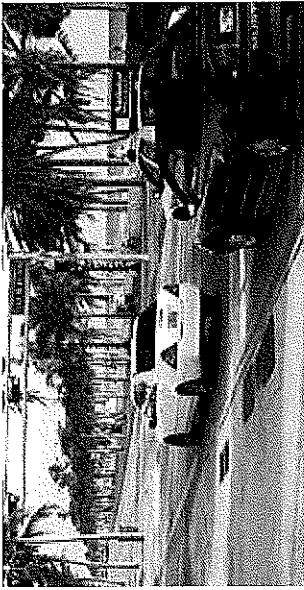
- **The National Highway Institute (NHI) Offers Free Web-Based Training:** Courses of interest to SRTS partners include *Introducing Highway Federal-Aid* and *Introduction to NEPA and Transportation Decision-making*, as well as a variety of courses on planning and engineering topics. See the course listings at: http://www.nhi.fhwa.dot.gov/training/list_catalog.aspx?cat=&key=&num=&loc=&tit=&sta=%25&typ=3&lev=%25&ava=1&str=&end=&dri

Live Training:

- **The Florida Technology Transfer Center:** located at the University of Florida, offers a variety of training courses, which can be scheduled to meet your needs. See: <http://t2ctt.ce.ufl.edu/t2ctt/Default.asp>

Websites of Interest:

- **Canadian Operation Lifesaver Website for Children:** in English or French: <http://www.olkids.ca/>. A variety of train safety activities for children; some activities show children who must cross train tracks walking to school.



Strategic Highway Safety Plan

Each year thousands of people die on Florida's roads. In 2005, there were 268,605 motor vehicle crashes in Florida in which over 3,500 people were killed.

The Florida Department of Transportation, with a host of partners and Florida residents, developed the Strategic Highway Safety Plan (SHSP) to focus investment decisions and road safety solutions on the greatest opportunities for improvement. The following chart details the emphasis areas selected for the plan:

Florida's Most Serious Transportation Safety Problems

Problem	Percentage of fatalities and serious injuries	
	2004	2005
Lane departure	58.5%	63.6%
Intersections	43.1%	41.2%
Aggressive driving behaviors	35.8%	34.8%
Vulnerable road users (pedestrians, bicyclists, and motorcyclists)	18.8%	19.8%

The SHSP also includes comprehensive initiatives to increase safety belt use, reduce impaired driving, and improve data collection and analysis.

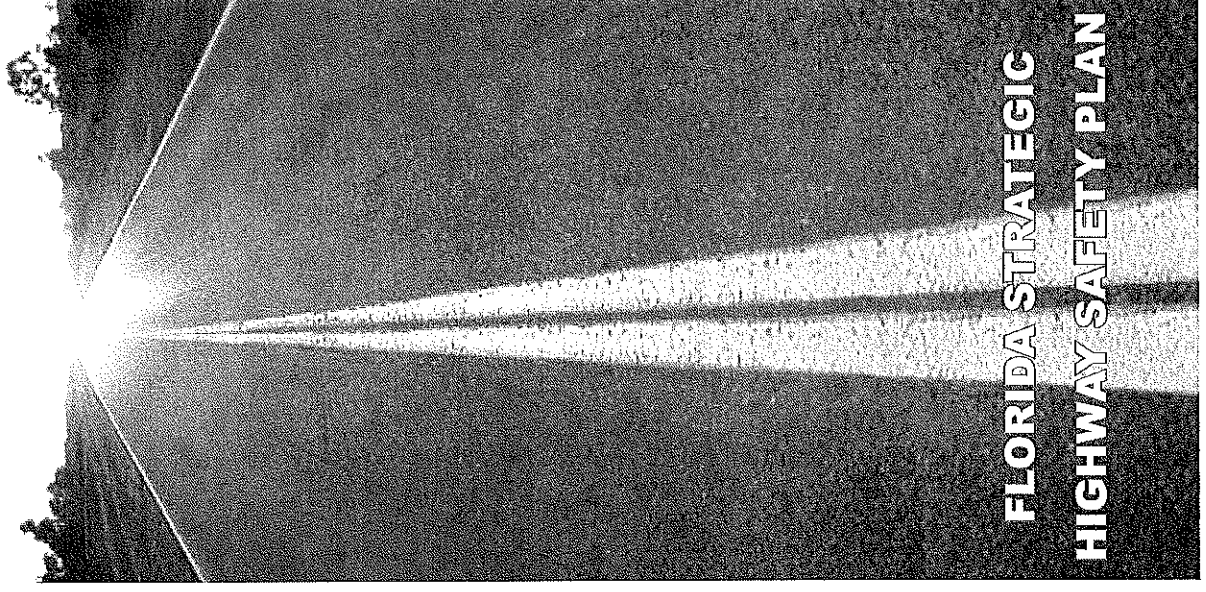
We hope you will join us in this critical effort. Meeting the goal of a safe, efficient transportation system is everyone's responsibility. To save lives and reduce injuries on Florida roads, the solution is simple - **SAFETY is a Choice**.

PARTNERS

- Federal Highway Administration
- Federal Motor Carrier Safety Administration
- Florida Department of Education
- Florida Department of Health
- Florida Department of Highway Safety and Motor Vehicles
- Florida Department of Transportation
- Florida DOT
- Motor Carrier Compliance Office
- Florida Highway Patrol
- Florida Operation Lifesaver
- Florida Police Chiefs Association
- Florida Sheriffs Association
- Metropolitan Planning Organization Advisory Council
- National Highway Traffic Safety Administration

To learn more, visit our Web site at:
www.dot.state.fl.us/Safety/StrategicHwySafetyPlan.htm
 or contact:

Marianne A. Trussell, Chief Safety Officer
 Florida Department of Transportation
 (850) 245-1504
marianne.trussell@dot.state.fl.us



FLORIDA STRATEGIC HIGHWAY SAFETY PLAN

VISION:

To provide a safer surface transportation system for residents, businesses, and visitors.

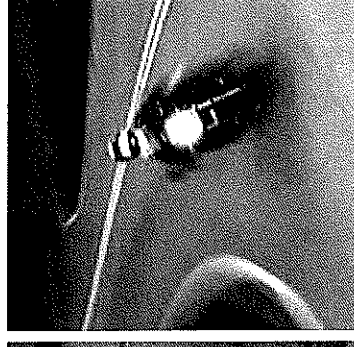
MISSION:

The State of Florida, utilizing engineering, enforcement, education, and emergency management, will focus resources where opportunities for safety improvements are greatest.

GOAL:

To improve the safety of Florida's surface transportation system by achieving a five percent annual reduction in the rate of fatalities and serious injuries beginning in 2007.

AREAS OF EMPHASIS



FLORIDA STRATEGIC HIGHWAY SAFETY PLAN

Reducing the rate of fatalities and serious injuries.

1 Aggressive Driving

- Enhance and promote effective law enforcement programs to reduce aggressive driving.
- Increase education and training to address aggressive driving behaviors.
- Identify and mitigate roadway features that may cause aggressive driving.

2 Intersection Crashes

- Increase the safety of intersections for all users.
- Strengthen traffic enforcement at intersections.
- Increase educational efforts concerning intersection behavior, design, and engineering.

3 Vulnerable Road Users (pedestrians, bicyclists, and motorcyclists)

- Provide local and state agencies with data, skills, and tools to identify effective safety countermeasures for pedestrians, cyclists, and motorcyclists in the areas of engineering, education, enforcement, and emergency response.
- Establish consistent mobility strategies.

4 Lane Departure Crashes

- Improve public education, engineering, and law enforcement practices to reduce lane departure crashes on limited access and rural two-lane roadways.

September 7, 2010

SunRail makes plans for folks after they get off the train

By Dan Tracy

ORLANDO SENTINEL

Ken Nuckols is a tech writer and bicyclist who thinks the SunRail commuter train could create a new business opportunity for him.

He is seeking investors to set up a bike-commuter station near a SunRail stop in downtown Orlando. He envisions a place where cyclists who ride the train could secure their bikes, shower and maybe get some simple repairs.

"I think there are enough people here who are health-conscious enough and enthusiastic enough about cycling ... to support a shop like this," said Nuckols, 42.

SunRail backers with the city of Orlando certainly hope Nuckols is correct because bikes are one option they are looking into to get passengers from the train to their final destinations.

That first step of a mass-transit system is one of the most critical, Orlando officials say, because passengers do not like feeling stranded once they get off the train. They want quick, easy and cheap ways to complete the trip.

So the city is devising a menu of possibilities that include bike and auto sharing; an improved sidewalk network and walking/biking pathways; an expansion of the free downtown bus circulator called Lymmo; and a program that guarantees a ride home in case of an emergency.

"We're just trying to provide as many alternatives as possible," said F.J. Flynn, Orlando's Transportation Planning Division manager.

SunRail, which would connect Volusia and Seminole counties with downtown Orlando and Osceola County, is scheduled to be running by 2013. It would cost \$1.2 billion.

The key for most people is keeping the walking to a minimum, said Mighk Wilson, smart-growth planner for MetroPlan Orlando, which oversees transportation in Orange, Seminole and Osceola counties.

A quarter-mile stroll is acceptable, he said, with a half-mile pushing the limit of how far people are willing to walk before seeking another form of transit, most typically a car.

That's where bike- and auto-sharing plans come into play, Flynn said.

Both programs would be modeled after ones already popular in such major U.S. cities such as New York, Minneapolis and Chicago, as well as Paris, Dublin and Barcelona in Europe.

For an annual fee of \$100 or so, members would have access to cars or bikes that they can rent by the hour or day. The bikes could be picked up at racks throughout the city, while the cars likely would be more centrally located.

Nuckols, who hopes to raise as much as \$200,000, would run his shop in support of the overall bike program. He knows he would use such a service because he often rides his bike six miles to work in Altamonte Springs, but has no shower facilities at his office, which can be problematic during muggy summer rides.

He cleans up with "some camping wipes or whatnot," which he concedes is far from ideal.

Brad Kuhn, who directs the Bike/Walk Central Florida nonprofit group, said, "I think it is a great thing to coordinate all these different efforts."

Aware that most people are not overly fond of long walks, the city is trying to install and improve paths so they are more user-friendly. The little-used Gertrude's Walk in downtown, for instance, is being torn out and rebuilt. The walk, a brick path along railroad tracks, was poorly lit and uneven, thanks to the ground settling and tree roots.

The city also is trying to build an urban trail — basically an asphalt path similar to the Cady Way Trail from Orlando through Winter Park — that would run from Dorchester Street near Mead Garden south to Gertrude's Walk near Church Street.

Orlando officials hope to add lights and landscape for shade to make it more attractive to bikers and walkers. "You need an engaging environment," Wilson said.

Finally, the city is in the midst of a yearlong review of stretching the downtown Lymmo route in all four directions. The \$1.5 million analysis is designed to determine how many passengers such a move might attract, possible routes and how to get the federal government to pay for much of what could be a multimillion-dollar undertaking.

All the work cannot come to fruition soon enough for biking and walking advocate Kuhn.

"It does my heart good to see how you feed the rail with biking and by foot," he said.

Dan Tracy can be reached at dtracy@orlandosentinel.com or 407-420-5444.